

Earth School Dynamics 101



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Earth School Dynamics - 101

Hi, I'm John	1
This is What Happened.....	5
The Path Starts Here	10
The Essence	12
Not Long Before the Cruiser.....	15
An Extreme Test.....	19
ESD-101	22
Dynamics: Spiritual Forces.....	26
Dynamics: Boundaries	32
Dynamics: Earth School Math.....	38
Dynamics: The Teacher	44
A Few Q's and A's	49
Closing Words	53



Hi, I'm John

Over the past three decades, I've often pondered the best way to communicate what I learned from an extraordinary spiritual experience. I was determined to write something so attention-grabbing that it would appeal to a broad range of readers. I made multiple attempts to embed the spiritual principles in an exciting, action packed novel. I never finished a single volume. In fact, I never even made it half of the way there. I sure tried, but it seems that I'm just not a fiction writer. So I started writing this brief, pointed narrative about what happened, how it happened, and why it happened. Then I found that the writing was easy. I'll start by introducing you to the spiritual direction of this text. Then, I'll describe the peak experience that yielded the revelations. Next, I'll back track in my life a little to tell you about the key events that guided me to that point. Finally, we'll get to the spiritual core of it all, which is **Earth School Dynamics - 101**.

Throughout the ages, many accounts of spiritually enlightened individuals have been chronicled. Often their teachings inspired dedicated religions. Followers of those religions have worshiped their spiritually-enlightened being as a god or a deity with uniqueness unachievable by other humans. Jesus, Buddha, and others were all demonstratively important as teachers, and all were more than just spiritually enlightened. They embodied a consciousness so advanced that it's difficult to see a relationship between



theirs and ours. So, is it really possible that all of us have the potential to operate on that higher level? Not only is the answer "Yes!", but the first big step toward the spiritual graduation of mankind is fast approaching. We are poised to emerge from our chrysalis of structured religion. I know that may seem preposterous. Religions support our society. Vast numbers of people feel uplifted by their church and draw comfort and solace there. But within our religions, many of the faithful have spiritually grown to the point where they are thinking outside of the structure. As more and more people begin to think this way, the walls of the chrysalis become weaker. And once it has dawned on a cumulative critical mass that

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enlightenment is actually an individual awareness that doesn't need ritual or the approval of an earth-bound intermediary, the cocoon will burst open and the pathway will be illuminated for a great number of souls.

Spiritual enlightenment can be described as a permanent mental shift in a person, when he or she turns away from self-centered thinking, to only entertain those thoughts which are directed for the good of all, unrestricted by race, color, creed, national origin, or religion. Although spiritually enlightened people may not preach it, they perceive a connection to all other people. Their daily actions are a testament to their spiritual advancement.

For many, the enlightened way of life will eventually lead to a second step, which I call being conscious of the "Teacher". When you are aware of the Teacher, you can learn spiritual lessons in unconventional ways, such as from signs, visions, astrology, dreams, numerology, intuition, or any number of additional methods. This is highly personalized instruction and is only decipherable by you, the student. After being conscious of the Teacher, the next step is graduation, or what I call the "Flow".



Earth School Dynamics - 101

The Flow is a more palatable name than “Christ consciousness”, or “Buddha consciousness”, primarily because there is no religious affiliation. I’m quite certain that God (or the “All”; another religiously neutral name that I will use in this writing) has no religious affiliation. Keep in mind that Christ wasn’t a Christian and Buddha wasn’t a Buddhist. Their followers adopted those names, giving rise to new religions. The names of both of those deities, as well as others, are now so revered and holy that they are unapproachable for comparisons. Any attempt to do so will result in the instantaneous shutting of minds like threatened shellfish on a reef. So, I’ll use the “Flow” and the “All”.

The Flow can be defined as the conscious, effortless, harmonious, mental and spiritual union of a human being with the All. Someone in the Flow radiates love for every person, place, and thing, continuously. Their awareness is of the present moment. In the Flow, the experience is love, joy, compassion, thankfulness, and the understanding of everything - large or small - and its relationship to everything else, all at the same time. In this state, there is no desire for fame, fortune, or the trappings of luxury. There is no “I”. There is no concern for the future or the past, because neither exists. Every situation encountered unfolds harmoniously and perfectly. The All provides. The All directs. It is a state of awareness that uses 100% of the human brain’s capacity. When in the Flow, the experience is not perceived as awesome, inspiring, unbelievable, or amazing, because it is purely the center of being. It is completeness. It is.

So, I’ve told you that you can attain spiritual enlightenment, become conscious of the Teacher, and then experience the completeness of the Flow, all through focused desire. You can do it without the structure and support of a religious practice. Do you find this idea empowering or terrifying? If you happen to be in the later category, don’t despair. There is no need to abandon your church or spiritual approach. The fact is, all spiritual teachings are correct. They are all different perspectives of the same spiritual whole, or, the All being understood in different ways. If we



Earth School Dynamics - 101

all possessed a spiritual lens through which we could see every other person’s spiritual perspective, we would be amazed at the similarities. This text endeavors to provide you with that special spiritual lens.

The view through your new spiritual lens will reveal that there is value in maintaining an already-established spiritual practice. It will also bring to light the fact that none is required! Let me explain. The relationships that are nurtured within churches, temples, synagogues, and mosques richly support the development of principles and the refinement of one’s character. But, through your new lens, you also see that each person is responsible for guiding themselves to enlightenment. So, your path to spiritual enlightenment, being conscious of the Teacher, and the Flow is totally of your own choosing. With one caveat: you can’t copy someone else’s! The Teacher, lessons, no copying, and graduation - what does this all sound like? Are we experiencing Earth School? Now you’re thinking! It’s time to pick up your new lens.





This Is What Happened

I was 21 years old. For about two weeks, I had been living within a state of consciousness that later I will describe more fully, but for now let's just call it total awareness. Late one evening, the Teacher led me to a book on a small shelf in my brother, Paul's, bedroom. We lived with our family in Weston, Massachusetts, an upscale, rural community, an hour west of Boston. It was January, 1975. As I pulled the book from between others jammed into the barely three-foot-tall case, I saw it was the Holy Bible. Opening it, I began to read something about Christ consciousness. At this writing I don't recall the exact passage, which really doesn't matter anyway. What does matter is at that moment, I was clearly told that I was experiencing Christ consciousness. The description hit me like a sledge hammer. Stunned, I considered the implications. Was this extraordinary spiritual experience I had been living for the last two weeks actually Christ consciousness? After all, I had followed my inner guidance for years, earnestly seeking and faithfully following where the Teacher led. I had never once doubted or asked for a sign. The path had led to greater awareness. But now, for the first time in as many weeks, my ego was again involved; the "I" had returned. I needed more verification, and I needed it loud and clear. So I earnestly asked the Teacher to provide a sign, and one of my choosing no less. If what I had been experiencing was Christ consciousness, then a police cruiser, with the lights flashing, will



appear in the driveway behind our house, so that I could see it from my bedroom window. If that happened, I would know! To give you an idea of how audacious this request was, I should note that our home sat at the back of a six-acre, wooded lot. The driveway was several hundred yards long and curved around the back of the house. I looked out the window. Nothing. I went to bed.

Just after sunrise the next morning, I stepped out the back door to deliver food to my Siberian husky, who lived in a large kennel behind the house. The neighborhood was quiet at this hour and Terra always sat on top of her dog house waiting for breakfast. Suddenly, I realized that fifty feet from the back door, to my right in the driveway, sat a police cruiser with the lights flashing. Looking dazed, the officer stood just outside of his car. "Good morning officer!" My voice seemed to startle him. (I tried very hard to contain my exuberance.) As if released from a trance, he said, "Uh, I uh, saw that van and thought I would check it out". We both wished each other a good day, and he quickly left. Without a helicopter, the officer could not have seen my van parked behind our house at the back of the heavily wooded six acres. To make his appearance even more remarkable was the fact that we were miles from the sleepy, small town of Weston, and even there, police cruisers were not plentiful. The estate behind ours was vast and had no roads running across the property, so he couldn't have seen it from that angle. So, within eight hours of asking for this particular, very detailed sign, here it was. Christ consciousness...whoa.

In the days and weeks that followed, to say that I ignored my connection to the All would be an understatement. I slammed my mind into reverse. That police cruiser had jarred me from a very balanced, blissful state of being. Even though I had worked for years to minimize my ego and connect with everything, the all-out fear that now crept into my thoughts allowed my ego to quickly regain ground. I wasn't, and certainly didn't deserve to be like Christ, Buddha, or any of the enlightened beings who have graced this earth. I certainly didn't want to draw any attention from other seekers, or people who would react negatively to my experience. I



Earth School Dynamics - 101

no longer yearned to know all things. I did not desire a complete understanding of everything I heard and saw. I didn't want to be "spiritually different". I no longer wanted the universal connection that had my brain feeling as if it was running at 100% capacity. I just wasn't ready for that responsibility. So I decided to take back my control, even if that meant not feeling the unconditional love, joy, thankfulness, understanding, and empathy for the paths walked by every soul. I decided that I only wanted insights on my timetable. And why not? I was blending in to humanity, returning to safety. What's wrong with that? I would be happy to advance with the masses. I reclaimed limited awareness as I moved back into "normal" life, and the world.

More than 35 years later, it's time to put everything on paper. I feel it's my responsibility to record my extraordinary encounter with human potential. I still desire privacy, but now, in my late 50's, communicating my experience is a higher priority. What I learned has value for those who are ready to hear. I'm not living within the consciousness I briefly experienced in my early 20's, but I do remember my perspectives and much of what I learned during that period of time. Why didn't I remain in the state of Flow? Good question and easy answer: I was evidently lacking class credits and not qualified to graduate. That was proven by how easily I digressed. But, there was that short period of time when I tried on the graduation gown of enlightened awareness. If your ego will allow you to read this with an open mind, then you are the one for whom it is written. Don't read this as the directions for enlightenment and the Flow, but as a testament that anybody can get there. You don't need me, your pastor, guru, or anyone else in the physical world for guidance. The Teacher instructs from within. If you ask in earnest, guidance will come. You will graduate.

As I mentioned in the Introduction, I will outline a few of the more notable events that shaped and guided my ascension to a place that I proved we can reach. I will also tell of a few interesting things that happened after the Flow. Although my pinnacle experience was unsustainable for me at the time, it did set a flag upon the inner mountaintop. I will describe the tests



Earth School Dynamics - 101

on the particular path I chose, but it is certainly not the only path. There are as many paths as there are individuals. Each and every person is already on their spiritual path, whether they realize it or not. It is not important for a person to even be conscious of their spiritual progress. Some of the most spiritually evolved beings I've met don't even consider themselves to be such. They simply have a passion for helping others and giving of themselves for the good of all. Those last four words, "for the good of all", will provide the correct response for most of the Earth School tests. Remember them if they aren't already in your everyday practice. Everyone hears stories about spiritually acclaimed individuals who are finally exposed as being self centered, greedy, and pleasure-seeking. In those particular lives, "for their own good" are the four words that apply. Of course, having those particular four words relevant to your everyday life is not ideal and will result in poor test grades.

Whether you are sitting in a prison cell, living a life of excess, sailing the seas, or grinding through endless 9 to 5 work days, you are in a classroom specially selected and equipped to refine your spirit. In fact, you are the one who selected the classroom. You don't remember making the choices? That is because your subconscious mind, not your conscious, has been the behind-the-scenes planner. Sure, your conscious mind will make decisions that will alter the route, but like a GPS, the subconscious redirects your steps back toward the programmed destination. Although everyone's path is different, the same Dynamics are engaged on every journey.

My description of Earth School Dynamics and how the knowledge will assist your spiritual journey may sound far-fetched to some. So, instead, what if I describe in detail a wonderful journey that I went on to Hawaii? In this modern day, even those who haven't been there would still acknowledge my testimonial as being believable - that it is a great place to go. They might then mentally note some degree of desire to personally visit someday. After all, most people already know that you can go to Hawaii if you so desire. But what if I had given the same description of my



travels to the inhabitants of a colder environment, on the opposite side of the globe from Hawaii, 1,000 years ago? Would I have been met with a different reaction, maybe even have roused some vocal skeptics? You bet! Just the concept of the earth being round would have blown their minds. In that era, I may have been elevated to the position of a wondrous being, having experienced the unattainable. More likely, I would have been declared crazy and possibly stoned to death. Now, 1,000 years later, everyone knows that the world is round and Hawaii is worth the trip. It is common knowledge that if you really want to get there, you can. Believe me; what I am going to tell you is truth. Like going to Hawaii, the Flow is achievable.

Unlike my Hawaiian trip, which was about five years ago, my recollections of being conscious of the Teacher and the Flow haven't faded, although it all happened more than 36 years ago. Why? Think about an event in your life that had unparalleled impact. Can't you visualize it as if it happened yesterday? I can. Haven't you thought about it more often than any other experience? I have.



The Path Starts Here

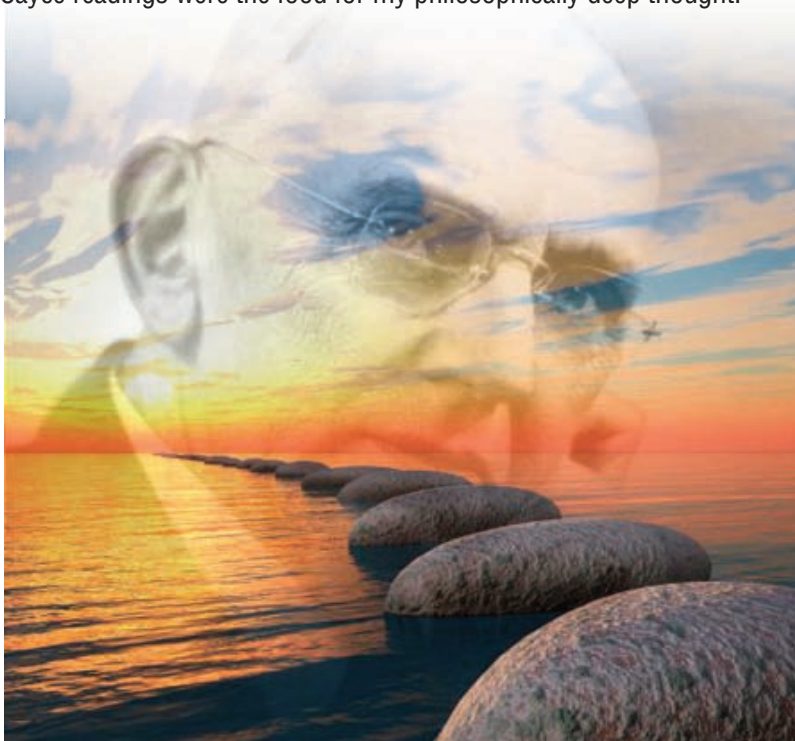
I grew up heavily involved with a Baptist Church in Charlotte, North Carolina. We faithfully attended Sunday school, Sunday services, Monday evening services, and Wednesday dinner services. My mother taught Sunday School and volunteered as a book store attendant a few times weekly. I played baseball and basketball in the Baptist church leagues. (OK, the truth is I did play basketball, but on the baseball team, I sat on the bench.) The pastor and his family frequently had dinner at our house, and we at theirs. That Baptist Church was our spiritual home.

The huge red thermometer painted on the fund raising billboard filled quickly toward the lofty monetary goal required for building a new, much larger sanctuary. The money was raised. It was built. The entire congregation, our ever growing church family, provided a shining example of what Christian life was all about. The lessons we learned every Sunday were on display in the lives of our brethren...until it all changed. I was about nine years old when the gossip started. The assistant pastor accused the pastor of taking pep pills. Some believed it, some didn't, but everyone in the congregation polarized to one side or the other. Anger displaced love, and condemnation displaced forgiveness. Gossip reigned. Our spiritual family had parted like the Red Sea, abandoning Christian ways. I stood in the middle, confused, and questioned the credibility of my teachers.



Years before our Church hit that crossroads, my mother began reading about Edgar Cayce. The first Edgar Cayce book she happened upon in a book store prompted her to continue reading other volumes about his prophecy. The mass confusion at the church, in combination with the spiritual growth nurtured through the Cayce literature, was the catalyst for our family's disengagement from organized religion. It also allowed our family to be more open to the benefits of relocation when my father's business gave us that opportunity.

It was not until we moved to Winter Park, Florida, when I was eleven, that I too found interest in the Edgar Cayce writings. There was just something about his description of human potential that excited me, as evidenced by the fact that my tenth grade term report was on Edgar Cayce. The Edgar Cayce readings were the food for my philosophically deep thought.



The Essence

I have found that focused religious, philosophical, and spiritual thoughts seem to precipitate unique experiences. Those often short-lived occurrences reveal clues and insights into the core of existence. I refer to those events as coming into contact with the Essence. One such encounter happened when I was 19-years old. In comparison to the brief duration of the actual experience, the following story itself is somewhat long. But my reason for the more lengthy description is to give you a feel for how this event just popped into my everyday life. Let me set the stage.

Throughout my high school years, I enjoyed sports - in particular, surfing. Surfing gave me the time to think in a spectacularly peaceful sanctuary. I loved being fully immersed in the rhythmic energy of the ocean. A year after graduating, in the fall of 1972, I traveled to Puerto Rico with two friends in search of more abundant and powerful waves than could usually be found on the Florida coast. The quest for bigger waves seemed inherent in the sport and it was in Puerto Rico that I found that and more.

On this particular day, massive peeling waves reflected the bright sunlight as they broke on a distant outside reef. I could actually feel the impact of the big sets reverberate through the ground. This was certainly not like Florida surf! In fact, it was bigger than any surf I had ever seen. And there were reasons for fear: the coral reefs were sharp, shallow, and dangerous. A mistake in judgment or just a slip on the surfboard in this size surf could end my fun, or maybe even my life.



Earth School Dynamics - 101

Timing is critical when attempting to paddle out into huge surf. Waves roll in sets, typically made up of the same number of waves each. There is a time lapse between sets, and it is important to figure out those intervals so that you are ready to begin paddling across the reef just as the last wave of a set is finishing. That way, there is time, theoretically, to haul butt across the reef before the next set of waves hit. No one wants to be caught by an enormous breaking wave on a shallow coral reef.

Two other surfers and I began our long trip to the outside break. After crossing a stretch of deeper water, the churning turbulence of the last wave in a set washed over us. Our emergence from the whitewater triggered a frantic paddle across the shallows that covered the reef. We were in the feared area known as “the impact zone”. One surfer was beyond me to my left and the other was behind me to my right when we saw the first huge wave of the next set approaching. OMG! The race was on. As powerfully as I could propel my board, with adrenalin pumping, I achieved enough forward momentum to push me through the lip of the pitching wave. Astoundingly, I made it over the crest. Not all of us were as lucky. Only two of us had made it.

In deeper water now, outside the impact zone, I sat up on my board. I could see distant rolling swells growing into well-defined walls. When they reached the edge of the reef, they compressed into gigantic mounds, quickly zooming skyward and increasing in steepness and speed. From where I sat, I estimated the heights from the back to be 12 to 15 feet. That meant that the faces could easily be 15 to 18 feet or more. Occasionally, on the horizon, an even larger wave would come into view. Feathering whitewater indicated that some were threatening to break further out than where we were sitting. Instinctively, we scrambled toward deeper water. All considered, it was downright scary. Those occasional bigger waves were beginning to become the norm. The swells were growing; the waves were getting bigger. The last I saw of my lone surfing companion was when he took off on a huge wave. He must have had a great ride and I couldn't blame him for not attempting to paddle back out - I wouldn't either. Our boards were too short for this magnitude of surf.



Earth School Dynamics - 101

Now it was my turn. I took a conservative approach and dropped in on the shoulder of a massive wave, far from the crashing peak, hoping I could ride it inside. But my ride wasn't long enough to get back across the dangerous reef. My next choice was to either head in to shore, across the impact zone, and run the risk of being guillotined by a monster wave, or quickly paddle back out. So I paddled out. I knew that catching a wave, any wave, just to get me across that reef was becoming critical for my safety. I had to get in before the surf got any bigger. I was now in survival mode.

I determined that the huge wave cresting on the horizon was my one-way ticket to safety. I was going no matter what. I had to get in. I paddled furiously toward open sea to meet the wave, and it began to break. I spun my 6'4", single fin board toward shore and paddled for all I was worth just to the left of the most vertical section of the watery mountain. My concentration was intense as I dropped in. Accelerating as if down an elevator shaft, my surfboard fell away from the wave for a split second, then it reconnected, skipping on the water as it rattled under my feet. I could see the reef below racing toward me. Much too far ahead of me, at least 30 yards down the wave's wall, a massive curl was already pitching. Suddenly, everything stopped. It was if time was standing still. I was alert and aware of observing the ceiling of water high above me, but it wasn't moving. For those split seconds, everything was frozen in place. Then, as abruptly as everything had halted, it resumed. When my consciousness reentered the present, I was far down the wave, past all danger and blasting out onto the wave's shoulder. Gliding into the deep water between the reef and shore, I was way beyond stoked. I was in awe of what just happened. What did just happen?

Why did it seem like time had stood still? Had my acute mental focus on speed, balance, opposing forces, position, direction, etc., combined with adrenaline and the intense wave energy, yielded a moment of oneness with the All? Or, had the All intervened to guide me through a life or death situation? I don't know. I continued to surf for many years afterwards, but the experience never reoccurred.



Not Long Before the Cruiser

The Essence can be experienced by everyone on every path, although the stories and precipitating factors will vary. What others have described usually sounds as surreal as the Essence I experienced. So why do we have these experiences? Is the higher self trying to nudge a soul toward a spiritual search? For those who are already searching, is the Essence glimpsed because of their earnest, continual quest for spiritual understanding? Whatever it is, this highly personal reward soon gets tucked away in the recipient's memory, but can be retrieved to admire and analyze from time to time. These glimpses seem to be a sample of what we are all working toward: graduation from Earth School.

So far, I have described how surfing and Edgar Cayce were strong influences in my life; however, there was one specific thought that I credit for my discovery of the Teacher. I don't remember the source of that thought, but I will tell you what I do remember. I discovered the explanation of the roles played by the conscious and subconscious minds: the conscious mind is our thinking, intellectual mind, and the subconscious is separate from it, but connected with universal knowledge. Have you ever caught yourself staring at a particular object and sort of spacing out? Make a mental note of that object and at a later time, if that object pops back into your mind, find the relationship between it and your current focus. Try to glean a meaning from the relationship. I started to practice that and the more I practiced, the quicker I derived meanings.



Over time, I eventually developed a constant and reliable communication with my subconscious mind. I progressed from the first step I described above, to being able to gather insights without delay, from almost everything I saw, smelled, and heard. Those insights taught me, on a very deep level, about the nature of the All. As time passed, the communication with my subconscious mind, or the All, became totally fluent and second nature. I had found the Teacher. Later in the Dynamics section, I will go more into depth about the Teacher. Linking my conscious and subconscious minds blended my future into my present, and this was the beginning of the guidance toward the Flow. And the key ingredient to the Flow was just ahead on my pathway.

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If I believed that our experiences in life were random, meaningless occurrences, then I would consider it pure luck to have found the all important key ingredient for the Flow. But, I believe that everything happens for a reason, and it follows that those reasons exist to teach me something. In this case, what I was about to learn was a discovery for us all. To explain, let me take you back to the beach, but this time to Florida, roughly eight months before the police cruiser and officer showed up in our driveway.

Although my friends and I surfed up and down the east coast of Florida, 4th St. South in Cocoa Beach was the place we would usually hang out if the waves weren't better elsewhere. In addition to riding the waves, we played Frisbee, walked for miles, and basked in the sun. On one particular sunny summer day, I saw a familiar bronzed beauty named Denise, sitting on her beach towel near a girl friend. I didn't know her well, but I had a stumbling, fumbling crush on Denise. We always waved to each other and traded niceties. Even though she was sweet and responsive to my greetings, I had never found the courage to have a meaningful conversation with her, much less to ask her on a date. But on this particular day, I felt an urgency to speak with her. My father had just



Earth School Dynamics - 101

accepted a position with a large company in Boston, and the rest of my family had already relocated. In fact, I had just returned to Florida after helping with the initial move. I had just graduated from high school and although my original intention was to return to live with some friends in Florida, that plan wasn't working out too well. So I had decided to join my family in Boston and was leaving the next week. After I relayed all of that to Denise, I found that she had news of her own: she had joined the Army. As our brief conversation turned into a mutually awkward, "I'd like to get to know you better, but farewell" kind of talk, we exchanged mailing addresses (no email back in those days) and promised to write each other.

A week later, the beach lifestyle gave way to New England horizons. While exploring the greater Boston area, the Teacher guided me to some extraordinary lessons. I met fascinating people, and pondered many a serendipitous coincidence. Our small town of Weston was just the sterile environment I needed for the Teacher to lead me to the Flow. I was not attending college. I couldn't find a job. I had no friends to distract me; I enjoyed the luxury of time. I spent a multitude of hours walking with my dog, Terra, on large tracts of public land near our home. I followed horse trails that rolled endlessly through hardwood forests, across meadows, past farms, and around the perimeters of large estates. My spiritual focus was constant and unwavering. I contemplated things in nature and all else that popped into my mind. I didn't know it then, but I was preparing myself to find the key to the Flow.

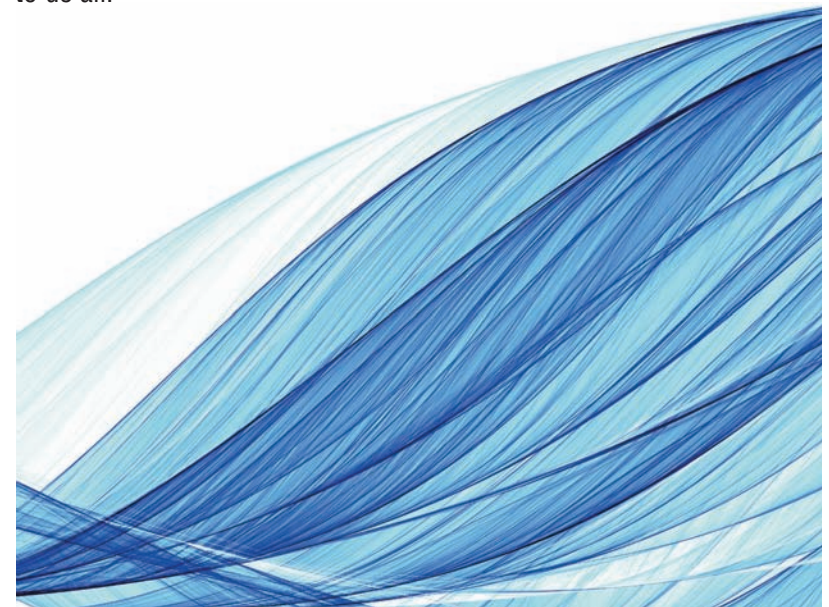
One day, I received an unexpected letter from Denise. That day changed my being. I read her letter and my spirits rocketed to another level. Unmistakably, it was pure love that permeated my soul. My walks and uninterrupted focus on the All had primed my energetic system, and now love initiated the Flow. The love I felt transcended the letter that I held and it flooded into my spiritual focus. My love was for the All, which included Denise. Everything around me instantly appeared more beautiful. Love infused my compassion. I saw the truth of every intricacy I observed. I know that this next statement is one that most readers may not fully grasp, but I could perceive everything that was happening around me, in every direction, simultaneously. The engagement of what was certainly 100% +



Earth School Dynamics - 101

of my mental capacity provided that ability and also created an expansive energy that I could feel emanating from my mind and body. It was a state of pure awareness that possibly only a few have ever experienced. As the days progressed, I noticed that in public places people stared at me as if they were in a trance; no doubt they were being guided by their subconscious minds. All of this lasted about two weeks - the two weeks before the policeman and his cruiser, with lights flashing, caused me to halt the Flow and regress. Just a note: after exchanging a few letters, I lost contact with Denise. But I remain ever grateful for her letter that contained the key to the Flow. That key was unconditional love.

It's amazing to me how that perfect storm of spiritual focus, the Teacher, and unconditional love triggered the Flow. But, it's not amazing to me that I failed to maintain that state. Evidently, I was not fully spiritually ready. I did have two weeks of being one with the All, so maybe I can now be considered sort of a spiritual travel agent. I got a complimentary trip into the Flow in order to testify that it's an amazing journey, and available to us all.





An Extreme Test

It took months for my mind to slowly unwind from that hyperactive awareness, and interesting phenomenon continued to occur. I'll introduce you now to the Dynamic of polarization, which means the positive as it relates to the negative, the Yin and the Yang, or the polar opposites that exist for everything. Knowing that every Dynamic has an opposite, it makes sense to me that after my powerful experience with the Flow, a formidable opposite experience would eventually manifest. Over a year later, I experienced what I consider to be the Counter Force to the powerful Force of the Flow.

It was July, 1976, and I had signed on as the basketball instructor at a summer camp on Sebago Lake, in Maine. In addition to hoops classes, I was responsible for eight seven-year-old boys who were assigned to my simple wood frame cabin. The guys were all from wealthy families, and some were a tad spoiled, but it took me just 24 hours to gain their undivided attention. If I needed one of them to behave, I simply spoke to them about it, once, in a lowered, quiet voice. If the boy in question was still non-compliant, I didn't raise my voice or repeat the request. Instead, I placed an immediate, firm grip on his shoulder, which brought about the rapid understanding I needed, as well as the resulting conformity. It's amazing how quickly my eight little men became obedient, model campers. On one particular day, July 4th, it may have saved their lives.



We were in the midst of our Fourth of July fun and games when we got word that a severe storm was approaching. We were instructed to take our campers back to the cabins for shelter. The cabins were located in a mature pine and hardwood forest near a soccer field. There were seven buildings, with three cabins on each leg of a U-shaped layout. Our cabin sat by itself at the top of the U. We followed orders and headed back toward our barracks. On the way, my eight campers stopped to play tetherball about 20-feet from our front door. When I looked over toward the soccer field, some 50 yards to the west, I saw that the sky had turned an ominous jet black. Suddenly, all of the trees lining the side of the field closest to us began to fall in our direction. The unexpectedness and resulting urgency to react didn't give me time to analyze what I was seeing. I urged the boys to hurry into the cabin, but, lost in the fun of tetherball, a few didn't respond. I grabbed a couple of the slower ones, and carried them inside. Not sure of what was happening, I told them in a calm but stern voice to close the windows and get under their metal frame beds. Meanwhile, the wind had picked up dramatically. I struggled to pull the cabin door closed, and finally latched it shut. When the walls of the cabin began to heave, I realized the pressure was dropping. "Crack your windows open and get back under your beds!" got the correct timely response I needed, and not a second too soon. The storm roared around us as the light coming through the windows dimmed to an eerie yellow. Looking outside, I witnessed a massive tree with a trunk at least 24" in diameter, pulling straight up out of the ground, roots and all. That image was quickly jolted from my mind when the top of a pine tree exploded through our cabin wall. The trunk of the wooden missile was about six inches in diameter, and it shattered everything above the door on the south end of the cabin. Pandemonium erupted. The boys were shrieking for their mothers and bolting from under their beds, putting themselves in harms way. With all the volume I could muster, I shouted at them to return to their places. Stunned that the situation required me to actually yell, they complied immediately. I too dove under my bed. I closed my eyes and stilled my thoughts. I envisioned a perfectly still, glassy, serene lake, under



Earth School Dynamics - 101

a clear yellow sky, with an orange, motionless setting sun just above the horizon. I directed my consciousness there and my being filled with serenity. For those moments in time, stillness was my reality.

The first tornado to touch down in the state of Maine in 27 years had torn through a children's summer camp with no fatalities. It was more than amazing. Only three out of the over 100 campers had suffered injuries - broken legs from trees crushing their cabins. The girls' cabins, on the far side of the property, suffered minimal damage, but practically every cabin on the boys' side was totally destroyed - except for ours. The tornado had touched down on the soccer field and cleared a 50-foot-wide swath, aiming directly at our cabin. The trees on either side of that swath were parted away from the center, like hairs on a neatly combed head. It was those trees that had hit the other cabins. Nothing remained in the center of the tornado's path: not a tree, not a shrub, just bare red clay earth and debris. Fifty feet to the west of our cabin, the bare path suddenly had stumps; the trees had been snapped off about three feet above ground level. Approaching the cabin from that point, the trees were sheared off higher and increasingly higher, until they were severed just above the top of our roof. The stumps became shorter and shorter to the east, until the path became a bare avenue once again. The tornado had skipped our cabin. After it spared us, it touched down again and never lifted for more than five miles on its trip around the lake. For days afterwards, mystified and thankful parents told me, "All my son can say about it is that you yelled". Yes I had, and I was so thankful that they responded. I sure hope I passed that Earth School test, because I certainly don't want to repeat that one!

We have all learned from our encounters with Life and we often impart wisdom to others when we share those unique occurrences. Think about the interesting experiences that have filled your life. Earth School is a wonderfully intense, emotionally charged, sensory stimulating, and pressure-packed challenge for even the most advanced of souls. Let's now identify and examine the Dynamics of Earth School.



Earth School Dynamics - 101

ESD-101

Researchers have learned that even weeks before birth, a fetus has sensory perception. Thus begins our first days of Earth School. We are soon pushed into an explosion of physical sensations. As our conscious minds mature, our senses are stimulated by people, places, and things. Our commonly recognized five senses are our primary tools of learning. Our intellectual thought process is encouraged by educational systems developed within our families and societies. The subjects we are taught are based on discoveries, history, and advancements in a broad variety of fields. A commonly shared viewpoint is that a person is not educated unless they have attained formal certifications from accepted systems of learning. In terms of being qualified for specific vocations, that is an understandable perspective, but the lessons of Earth School are taught informally everywhere, everyday, and to everyone. Earth School shapes the soul. Earth School has an amazingly complex, and at the same time flawlessly simple, system of educational direction, perfectly orchestrated and organized to plug every soul into the right classroom environment. Earth School delivers the divinely necessary educational experiences. "Everything happens for a reason" is a statement of spiritual consciousness often heard today. It delineates the spiritual advancement of a critical mass of souls in Earth School. Now it's time to look at why everything happens for a reason, the awareness of lessons, and a grasp of Earth School itself.



Earth School Dynamics - 101

Simply put, the Earth School experience is created and orchestrated by the specific arrangement of Spiritual Forces. Everything is, and has, Spiritual Force. Spiritual Forces are organized in the mental fields and from there become an array of manifestations in the physical.

I know that I am suggesting a radical departure from accepted definitions and ways of viewing our reality. My goal with this text is to facilitate a spiritual paradigm shift within Earth School. Making this shift will require thoughtful attention and focus from the readers. Please do not be offended when I say that each person's mental capacity in our physical reality is very limited. For example, how completely do you think a standard size flashlight could illuminate a vast cave that sits in total darkness? Our mental focus can be compared to that flashlight. Imagine that there are writings covering every square inch of the walls, floors and ceilings in that pitch dark cave. Each small area of writing reveals significant truths. The beam of your light will only let you know the truths that you are able to see. Even with other students describing and recording what they learn, only a fraction of the truths have come to light and been recorded for other students. A large percentage has not yet even been illuminated. Earth School students have flashlights with varied beam widths, ranging from broad to laser narrow. However, each of us has the option of adjusting the width of our flashlight beam, if we are taught how.

With this writing, I'm going to shine a light on the truth of one unread, very important area of the cave. I will outline just enough about Earth School and its underlying Dynamics that most of you will recognize these truths as the core of everything we experience. You may have questions, and some of those will only be answered by eventually understanding the more advanced interactions of the rudimentary Dynamics. Hopefully, the fundamentals I present will be enough to allow most to use their new spiritual lens. Then, as you practice with your new lens, you will see many more Dynamics not mentioned in this text. It is not possible for me to include every potential observation, but don't worry, all of the information is already within you.



Earth School Dynamics - 101

The starting point of these Dynamics is in the spiritual, not in the mental or physical realms. Darwin's Theory of Evolution is correct, but it only addresses that which we can observe in the physical world. Did you know that everything in the physical actually has roots in the spiritual? Those spiritual roots consist of a harmonious assortment of various Spiritual Forces. Remember that we said that everything is, and has, Spiritual Forces. Spiritual Forces harmonize, or combine, with other Spiritual Forces in the mental fields, then manifest into the physical realm.

Darwin's Theory of Evolution is correct, but it only addresses that which we can observe in the physical world.

Did you know that everything in the physical actually has roots in the spiritual?

Science is certain to continue the quest of tracing energy to its source. There are enough bright minds working in scientific fields to fine tune the research and eventually connect the dots from the physical into the spiritual. The beauty of Earth School is that even when the spiritual connection is finally recognized by science, the only way anyone can connect with the All will still be through their very own manifestation: themselves. The path is inward. We must create our own mental tools for recognizing spiritual truth. Try as it might, science can not provide the tools for your personal spiritual communications and growth, nor show you your pathway. Earth School is a cheat proof environment. To understand how to find your path inward, you must first know how everything found its way outward. Earth School Dynamics are a description of that process.

Although the Earth School Dynamics presented here are simple, they do redefine reality. Comprehension of them requires an open mind. It is not easy to disconnect from everything you have been taught throughout your life in order to see it in a different way. However, once you understand them, it will be easy to observe how the Dynamics work within our Earth experience. Using Earth School Dynamics as a perceptual overlay for reality is a valuable spiritual tool.

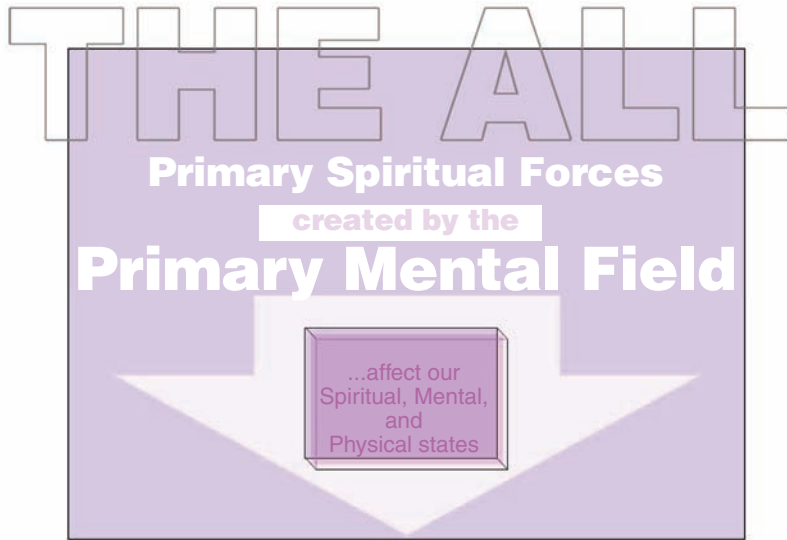


The Earth School Dynamics progress from being simple interactions to complex ones, and then on to what appears to become abstract chaos. In this writing, I'll employ a minimalistic approach to explain it. Why? In order for a soul to appreciate the more complex interactions, he or she must be in the Flow and able to observe all of the interactions simultaneously. He or she must have the ability to comprehend the All. A single flashlight in the cavern will never do. There is a point where students will need a massive flood light instead. Each of us has to use 100%+ of our brain to find the Flow. The Flow then becomes the floodlight. And a floodlight is available to everyone.



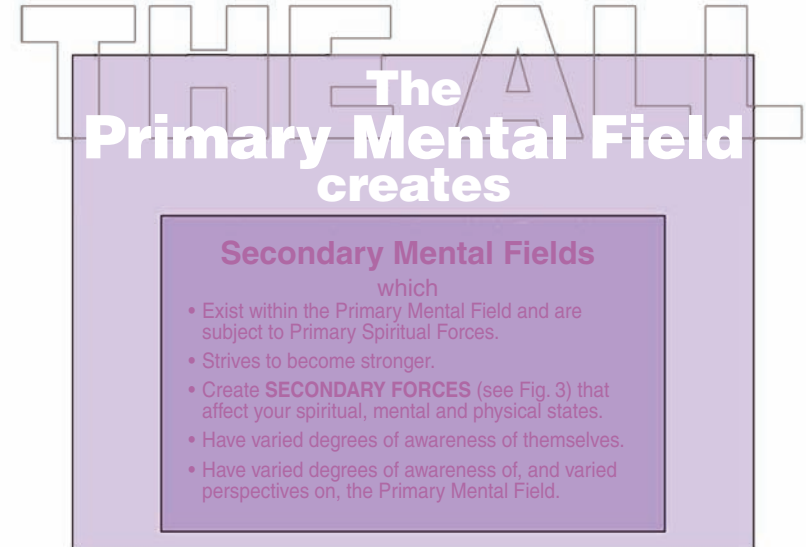
Dynamics: Spiritual Forces

I said before that everything is, and has, Spiritual Force. But let's break that down further. When you think of a big rock, does "spiritual" come to mind? From this point on it should, because the existence of a rock is a result of Spiritual Forces. It has been pushed into manifestation by Spiritual Forces. So, Forces are those which thrust, as well as those which have been thrust, into manifestation. Spiritual Forces are energetic, specific, and directed. The rock was formed by Spiritual Forces and its continued existence is a degree of Spiritual Force. All of life, as we experience it, is the manifested physical existence of Spiritual Forces. In the interest of simplicity, I may identify a Spiritual Force by a single description, such as a person or a rock. In reality, a person or rock demonstrates a countless number of harmonized Spiritual Forces, each highly specific in existence and function. We can also say that life is the measured distance that a Spiritual Force projects into the physical realm. That unit of measurement is called time.



Spiritual Forces can be divided into two main categories: Primary and Secondary. Primary Spiritual Forces emanate from the Primary Mental Field, while Secondary Forces stem from the Secondary Mental Fields. The Primary Mental Field is not a new concept and has been referenced by hundreds of names. One website noted over 150 names for God in the Bible alone. I have been referring to it as “the All”.

The universe, the planets, planetary life (including mankind) and planetary forces are all examples of harmonious combinations of Primary Spiritual Forces that were created and exist within the Primary Mental Field, or the mental field of the All. Creations of the Primary Mental Field possess their own limited mental field, called a Secondary Mental Field. Each Secondary Mental Field is subordinate to the Primary and has limited capabilities when attempting to direct Spiritual Forces. For Secondary Mental Fields, greater force control comes with spiritual maturity. Superior force trumps weaker force. Weaker forces aspire to be stronger. The Force combinations created by the Secondary Mental Fields are called Secondary Forces. It follows that Secondary Forces originate and exist only within the boundaries of the Primary Spiritual Forces. Each human being possesses a Secondary Mental Field.



Mankind has used its Secondary Mental Fields to manifest Secondary Forces such as tools, weapons, economics, governments, etc., in response to both Primary Spiritual and Secondary Forces. The Secondary Forces can also be described as Primary Spiritual Forces which have been refracted, and in some cases distorted, within the Secondary Mental Fields. Earth School endeavors to rectify those destructive distortions of the Primary Spiritual Forces. A distortion occurs when an individual opts to direct Secondary Forces in a way that they know is not for the good of all. Everyday all souls make decisions on how they direct their Secondary Forces.

Both Primary Spiritual and Secondary Forces are further broken down into Spiritual, Mental, and Physical. Those can each be further classified into constructive or destructive. In the interest of keeping everything as simple as possible, you'll note in the following outline that only the Secondary Forces have been broken down into constructive or destructive. The reason for that is because Secondary Forces are the only ones that we, as Secondary Mental Fields, control. We should be mindful of whether we are selecting a constructive or destructive use. The value of doing so will become readily apparent later, in Earth School Math. Also note that all Spiritual Forces can be constructive and destructive, depending on perspectives, but most are listed here in only one classification.



PRIMARY SPIRITUAL FORCES

(created by the Primary Mental Field)

- A. Spiritual** – Those things that affect your spiritual state: the Teacher: intuition, miracles, visions, dreams, signs, etc.
- B. Mental** – Those things that affect your mental state: planetary influences, energetic influences, chemical balance influences, evolutionary influences, genetic influences, etc.
- C. Physical** – Those things that affect your physical state: gravity, attraction/repulsion, propulsion, momentum, cycles, ebb/flow, time/space, elements, chemical combinations/balances, polarization, energetic systems, lift, etc.

SECONDARY FORCES

(affect your Spiritual, Mental, and Physical states and are created by a Secondary Mental Field)

A. Spiritual

- 1. *Constructive* – religions, spiritual practices, faith, prayer, healing, and meditation, etc.
- 2. *Destructive* – religions, spiritual practices, etc.

B. Mental

1. Thoughts

- a. *Constructive* – giving, teaching, generous, helpful, harmonious, loving, and honest, etc.
- b. *Destructive* – selfish, manipulative, inconsiderate, violent, thoughtless, dishonest, aggressive, competitive, and harmful, etc.

2. Memories

- a. *Constructive* – harmonious, loving, and honest, etc.
- b. *Destructive* – selfish, manipulative, inconsiderate, violent, thoughtless, dishonest, aggressive, competitive, and harmful, etc.

3. Desires

- a. *Constructive* – harmonious, giving, helpful, and loving, etc.
- b. *Destructive* – selfish, competitive, inconsiderate, manipulative, violent, aggressive and harmful, etc.



4. Emotions

- a. *Constructive* – honest, joyful, and loving, etc.
- b. *Destructive* – dishonest, hateful, vindictive, and angry, etc.

5. Pressures

- a. *Constructive* – parental, religious, and personal boundaries, and legal, etc.
- b. *Destructive* – parental, society, religious, and legal, etc.

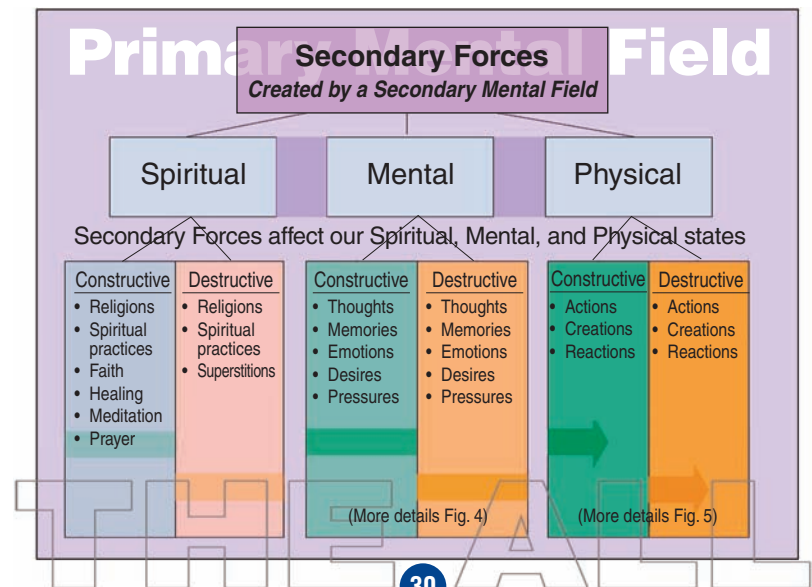
C. Physical

1. Actions

- a. *Constructive* – healthy, giving, teaching, generous, helpful, harmonious, honest, etc.
- b. *Destructive* – unhealthy, greedy, selfish, manipulative, judgmental, inconsiderate, violent, thoughtless, dishonest, aggressive, competitive, and harmful, etc.

2. Creations

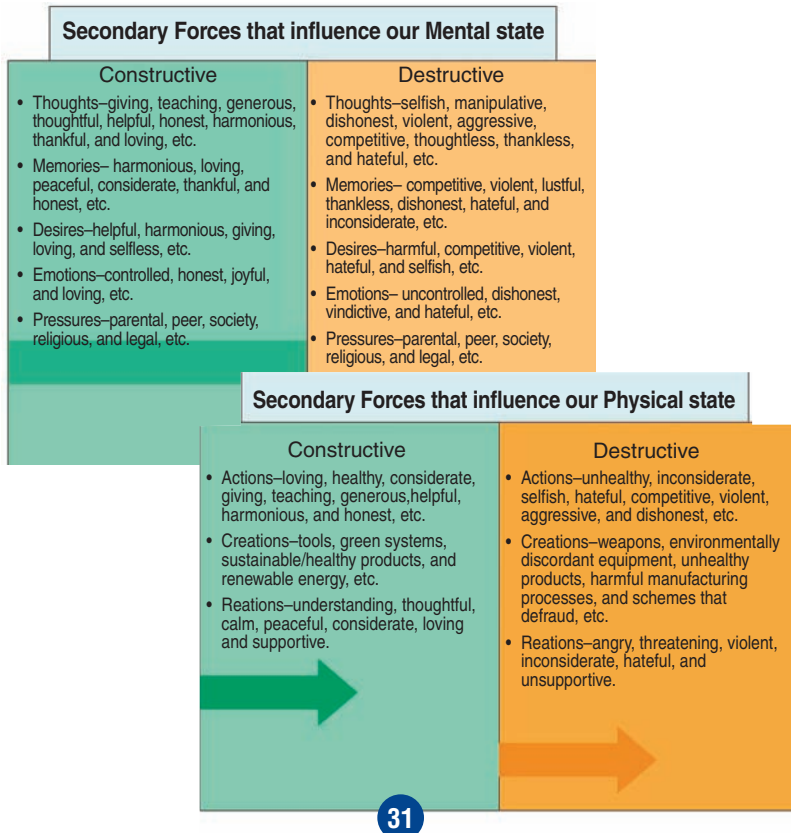
- a. *Constructive* – tools, green systems, sustainable products, renewable energy, etc.
- b. *Destructive* – weapons, environmentally discordant equipment, unhealthy products, fossil fuels, manufacturing processes, etc.





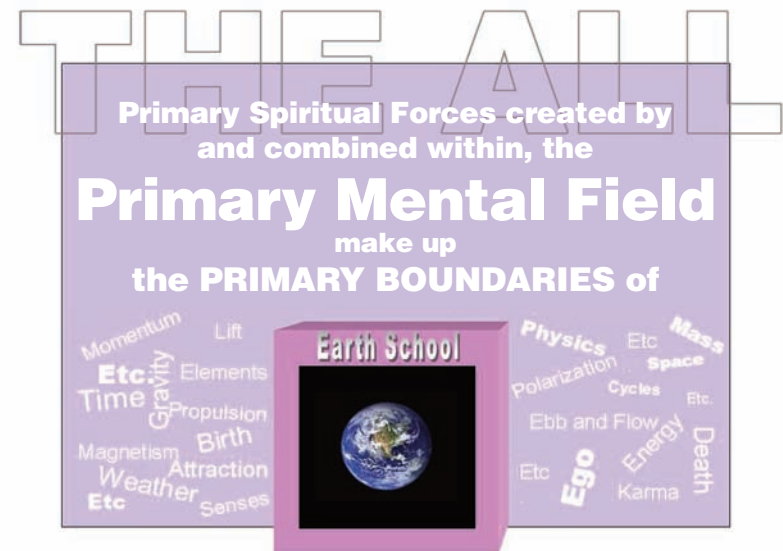
The value of segmenting the Spiritual Forces is that it helps to define the Earth School. The Spiritual Forces make up the walls, floors, and ceilings of the classrooms. Those walls, floors, and ceilings can be further dissected by identifying the materials of their composition, which we'll discuss next. I identify those materials as "Boundaries." The Spiritual Forces themselves, as well as the interactions of Spiritual Forces, are the core of the Dynamics. The better you understand the Earth School Dynamics, the easier it is to navigate the tests in life.

There are also many creations not listed, which stands to reason when you consider everything is, and has, Spiritual Force. There are an infinite number of Spiritual Forces and possible combinations thereof. In this text, a grasp of the general concept will be enough to allow most readers an understanding that will greatly benefit them in Earth School.



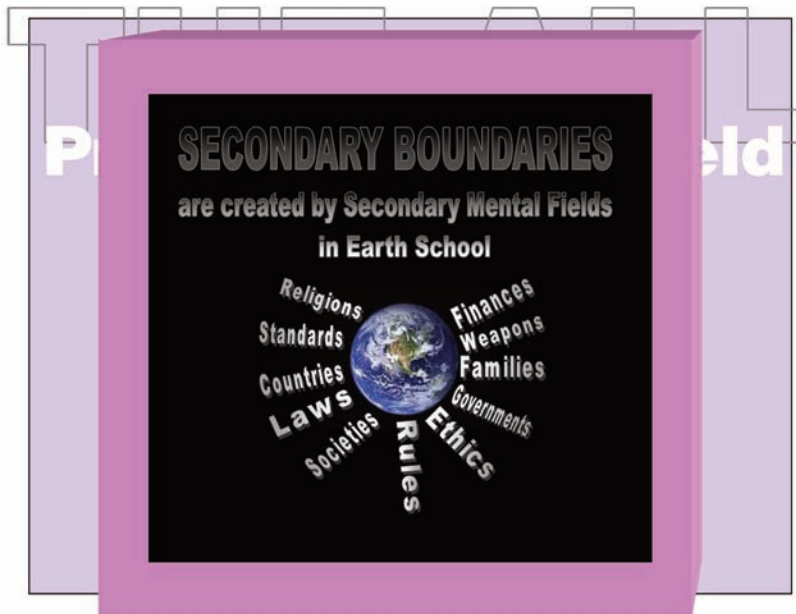
Dynamics: Boundaries

Spiritual Forces also serve as the boundaries for Earth School, and these Boundaries break down further into Primary and Secondary Boundaries. As I said before, a rock is and has Spiritual Forces. A rock's existence also creates a Primary Earth School Boundary. If there is a huge rock blocking the path of your car, you can no longer drive it forward.





Secondary Boundaries are created by one of the Secondary Mental Fields. For example, a border crossing between two countries, manned by armed guards, creates a Secondary Boundary that everyone must respect. Different types of Secondary Boundaries exist when parents establish family rules for their children, or an employer sets the hourly schedule for his workers.



Both Primary and Secondary Boundaries can be further broken down into Spiritual, Mental, and Physical. Of all the things created by Secondary Mental Fields, Secondary Spiritual Forces and Boundaries have the greatest power to be constructive or destructive. Why? Based on the natural progression of forces from the spiritual to the mental to the physical, Secondary Spiritual Forces and Boundaries have the farthest reaching impact. They can influence mental perspectives which in turn will likely manifest as physical actions.



Secondary Boundaries		
	Constructive	Destructive
Spiritual	Ethics, honesty, integrity Religious, spiritual, or personal beliefs that promote harmony	Deceit, immorality Religious, spiritual, or personal beliefs that promote disharmony
Mental	Thoughts within Constructive Spiritual Boundaries, personal discipline and goals.	Suppression, addiction, depression, despair, competition, self-indulgence, defiance and self centeredness
Physical	Countries, economies, governments, religions, families, and other organizations.	Countries, economies, weapons, governments, religions, families, other organizations, imprisonment, discriminatory barriers, and addictions.

Geographic, political, social, religious, economic, and other differences create a vast array of Secondary Boundaries. An infinite number of Secondary Boundaries influence Earth School classrooms all over the planet. That broad scope of Secondary Boundaries guarantees that each student will have a unique classroom environment, designed specifically for them. Different groups of boundaries (classrooms) result in different tests for every student. And different tests make it impossible for anyone to cheat in Earth School! What Secondary Boundaries do you encounter every day?

Many people instantly recognize their Primary and Secondary Boundaries, once they are aware of the concept. For one example, let's use the Primary Physical Force named gravity. Gravity creates a Primary Boundary. Being aware of gravitational limitations means possessing the consciousness that jumping off of a very high cliff may result in physical death. But is that always the outcome? Could you choose a Secondary Physical Force to counter gravity, such as a parachute, which would recruit the force of lift to your benefit?



Earth School Dynamics - 101

The great thing about grasping an understanding of Earth School Dynamics is that you will become able to use your knowledge of Dynamics to deduct the answers to many spiritual questions. Below is an outline that structuralizes Boundaries. Although we could put all of the Primary Spiritual Forces into a Primary Boundaries list, and vice versa, I have organized Boundaries into the categories that will help you more easily understand the concept. I will expound on a few.

PRIMARY BOUNDARIES

Those created by the Primary Mental Field

A. Primary Spiritual Boundaries

Karma - The principle of Earth School, simply described as the force of justice or that which prevents students from leaving Earth School until they graduate. Karma disciplines Earth School students by ushering them into classes to perfect any lessons they have failed.

B. Primary Mental Boundaries

Ego – Ego is the self awareness of our Secondary Mental Field. It can be thought of as the uniform each student wears while attending Earth School. Ego is attracted to and attaches itself to achievements, titles, reputations, etc. Ego is what separates the soul from the Primary Mental Field; the stronger the force of ego, the greater the separation. And just FYI: ego can also attach itself to “spiritual” achievement, with the goal of gaining the coveted title of “Spiritually Enlightened”. As long as that attachment is strong, the soul will be separated from the Primary Mental Field.

C. Primary Physical Boundaries

1. Physics -

- Gravity
- Propulsion
- Momentum
- Procreation
- Cycles
- Ebb and flow
- Time
- Space
- Polarization
- Elements
- Chemical combinations/balances
- Energetic systems



Earth School Dynamics - 101

SECONDARY BOUNDARIES

Those created by a Secondary Mental Field

A. Secondary Spiritual Boundaries

1. Constructive -

- Ethics
- Honesty
- Religious or spiritual practices that create a harmonious nurturing environment

2. Destructive -

- Deceit
- Dishonesty
- Religious or spiritual practices that are suppressive, inconsiderate, or self serving

B. Secondary Mental Boundaries

1. Constructive -

- Ethics
- Discipline
- Perspective - imagine a multi-colored globe in the center of space with an infinite number of minds rotating around it; each with a different view of the globe. Which one has a true perspective? They all do.
- Observation - where an individual chooses to focus. Or, where specifically in their environment they direct their attention.
- Filter - perspectives that are influenced by Primary and/or Secondary Boundaries. For example, a person who belongs to a particular spiritual practice that gives credence to being taught by spirit, hears a voice that tells them not to do a specific thing.

2. Destructive -

- Suppression - yielding to a Destructive Force
- Addiction - harmonization with a Destructive Force
- Depression - a feeling of being overwhelmed by stronger Forces



Earth School Dynamics - 101

- Despair - felt when the soul does not know how to build Force
- Educational - the belief that the student's lack of a formal education precludes them from building Force or manifesting
- Perspective - opting for a destructive focus
- Competition - as little as I like to face this one because I love sports, competition is the opposite of harmony. Keep in mind that with all things, there is an acceptable center position between the two opposites.

C. Secondary Physical Boundaries

1. Constructive -

- Countries, as well as the divisions within - provinces, states, counties, districts, etc.
- Economic - the specific economic setting and family situation that influences a soul.
- Organizational - governmental, religious, educational, judicial, military, etc.

2. Destructive -

- Economic - the same specific economic setting and family situation that influences a soul can be constructive or destructive
- Organizational – governmental, religious, educational, judicial, military, etc.
- Imprisonment or confinement
- Political
- Racial
- Sexual
- Religious
- Weapons
- Addictions



Earth School Dynamics - 101

Dynamics: Earth School Math

A person reading this is probably unaware that they are doing so for the purpose of becoming stronger, that is, a stronger force. Although not all will use the knowledge outlined in this writing in the same way, most of you are hoping that you will gain something from it or, as ESD-101 describes it, increase your strength. Increasing our strength brings us to the subject of Earth School Math. Earth School Math involves adding and/or subtracting harmonizing forces to/from one's Primary Spiritual Force. It is the total of all forces, harmonized, that equals an individual's Personal Force. Building Personal Force is everyone's underlying life project.

Consider every Constructive Secondary Force that you read about in the preceding Dynamics outline as a "positive", or an addition to your force building project. Then consider every Destructive Secondary Force as a "negative", or a subtraction from your force building project. The more Constructive Forces you employ from the list, the greater your total positive Force becomes, unless you negate the additions with Destructive Secondary Forces (or, subtractions). Too many subtractions and your total force project builds on the negative side. Every soul gains and loses force throughout their lifetime. But don't worry; ebb and flow is a Primary Force that influences everything.



Earth School Dynamics - 101

So why should we care about the strength of our force? Because the stronger a soul's positive force, the more harmonious they become with their life and the easier it is for them to exist in Earth School. On the other hand, the stronger a soul's negative force, the more resistance they encounter. For them, life is much more difficult.

Have you ever wondered why people feel the need to collect so many material possessions? They are adding Physical Forces. Why do hard-to-obtain, or expensive, material belongings create status? Because they are physical proof of accumulated Force. The ability of a soul to attain higher levels of material wealth supports their ego. Remember, the ego seeks independence from the All, so it seeks to be more powerful. Certainly the ego can play a major role in motivating individuals in all types of pursuits. However, sometimes the ego can be relegated to a less prominent role, especially when a soul is searching to become spiritually stronger.

As another example, many surfers say they are addicted to the sport and are constantly seeking larger, more powerful waves. What they are doing is seeking harmony with powerful Primary Forces and feeling that unity. This is the same reason people feel reconnected or reenergized when they enjoy golf, fishing, hunting, hiking, camping, kayaking, sunbathing, gardening, or take part in any outdoor activity. It's not as much the pursuit itself as it is the Primary Forces encountered during the pastime that are the attraction. Reenergizing, by being immersed in Primary Forces, is as necessary as eating, sleeping, or breathing. The ebb and flow of Primary Forces has an impact on our everyday life. Wanting to feel the influence of the Primary Forces of nature is what keeps us searching.

Mankind innately understands Physical Force. It is the ignorance of Spiritual Force that has been the shortcoming of our existence on earth. Conquerors through the ages, in harmony with Destructive Forces, have attempted to increase the strength of their Personal Force by motivating masses of weaker ones - soldiers - to their cause. They may have won the war, but in terms of their Earth School tests they actually failed. Why? Because they didn't understand Earth School Dynamics and their subsequent violations of Spiritual Force Boundaries, they built a negative Personal Force. By employing scores of destructive Secondary Forces,



Earth School Dynamics - 101

they encountered other destructive Secondary Forces and Boundaries, plus failed the final Earth School exam by colliding with the Primary Spiritual Boundary, Karma.

The person who has harmonized with Destructive Secondary Forces for an extended period and has a strong negative force will find it difficult to switch to being an overall positive force. Why? Because adding Constructive, or positive, Secondary Forces will weaken their strong negative Personal Force. They will feel that weakness. Think about why prisons are described by some inmates as higher institutions of criminal education. Most that enter one have already harmonized with Destructive Secondary Forces for quite some time. If they have a strong negative Personal Force, they will want to build on that, particularly in that environment. The psychological drive to become a stronger force in prison is accelerated by competition and fear. Because of those Dynamics, prisons can be viewed as Destructive Secondary Force generators.

Earlier, I mentioned that the strength of a person's Force made it either easier, or harder, for them to exist. Existence in Earth School means providing food, shelter, and clothing for not only the self, but often for others. The ability to provide those necessities is what I refer to as the ability to Manifest. Manifestation also includes reaching personal goals, whether they are spiritual, mental, or physical. The greater a soul's Personal Force (PF), positive or negative, the easier it is for them to manifest in Earth School. So, we will define Manifestation (M) as the realization of desires on a physical, mental, or spiritual level. On the physical level are food, shelter, and possessions, etc. On the mental level are relationships, ideas, feelings, solutions, creations, etc., and on the spiritual level is compassion, love, transcendence, and so on. So, does it matter if your PF is positive or negative, as long as it's strong enough to manifest your every desire?

In the example of a conqueror, he/she was able to manifest materially, but at what cost? Do you think that their manifestations were positive or negative for their PF? As we mentioned earlier, they were no doubt negative. They would have failed the Earth School tests at an alarming rate and propelled themselves spiritually in the wrong direction. How do



Earth School Dynamics - 101

I know they would be headed in the wrong direction? The Law of Polarization has the key to graduation. On one end, there is unconditional love, and on the opposite end, unconditional hate, or about as far away from graduation as one can get. In which direction do you think that the conqueror was headed? No doubt Karma made the conqueror repeat the same grade level with new and appropriate Primary Boundaries. The spiritually wise person builds his or her Primary Force by utilizing Constructive Secondary Forces. He or she can manifest what is needed to effectively exist while avoiding failed tests, or repeating grade levels.

Let's now delve deeper into Manifestation. How does it really happen? PG stands for Personal Gravity. Personal Gravity is just as it sounds: a person's ability to attract those things he desires. Personal Gravity is the total sum of one's Personal Force (PF) plus their degree of Mental Gravity (MG), plus their degree of Physical Action (PA). To break it down further, Mental Gravity (MG) is the sum total of a person's degree of Desire (D) plus their degree of Focus (F) on that desire. So, let me summarize. A person's degree of desire, plus their focus on that desire, in combination with the strength of their harmonized Personal Force, furthered with physical action, equals their ability to manifest.

Let's go through that again:

Degree of Desire (D)

Degree of Focus (F)

Degree of Mental Gravity (MG)

Degree of Personal Force (PF)

Degree of Physical Action (PA)

Degree of Personal Gravity (PG)

Manifestation (M)



Earth School Dynamics - 101

So:

Desire + Focus = Mental Gravity (or, $D + F = MG$)

Mental Gravity + Personal Force + Physical Action = Personal Gravity (or, $MG + PF + PA = PG$)

Personal Gravity = Manifestation (or, $PG = M$)

At this point, the ego of most people will flip into high gear attempting to deduct from the Manifestation formula an individual report card for their Personal Force and Personal Gravity. How high do I score in Personal Force? How stellar is my Personal Gravity? How much better are mine than my neighbor's? Settle it down. Take into account that there are a wide range of classrooms in Earth School, each with the suitable décor and trappings required for those specific students to be taught their lessons. We may not be able to attribute a wealth of manifestations to positive Personal Force or Personal Gravity. Students in those lavish classrooms may in fact have minimal positive Personal Force and Personal Gravity, or as we discussed before, a strong negative Force. In contrast, quite often a student with powerful Personal Force has the wisdom to focus all of his/her desire on spiritual enlightenment instead of material possessions, fame, power, or other personal gratification. Manifestation is most wisely employed to provide for the needs of the soul as opposed to the desires of the ego. Be careful not to use Earth School math as a measuring stick to judge yourself and others. Judging promotes competition and disharmony, which are both Destructive Secondary Forces. Let your knowledge lead to harmonious applications.

Before we leave the Math segment, there is one more important procedure to cover: the principle for staying centered within life's challenges. Staying centered means keeping a level head so that you don't let emotions guide you into creating Destructive Secondary Forces. Here is an illustration of the procedure:

P1 ----- **C** ----- **P2**

Center = C

Perspective 1 = P1

Perspective(s) 2 = P2



Visualize, as in the diagram above, that your perspective (P1) is that a drinking glass is half full. On the opposite end of the polarization scale is the viewpoint (P2) that the same glass is half empty. The center (C) is half way between P1 and P2. What does it mean to become centered (move to the C point) and what is the advantage of being there? In order to change your perspective from P1 to C, forget for a moment about your own viewpoint. Think carefully about the effects that an entirely different set of Earth School Dynamics may play on P2s outlook. That is what I call perceiving the truth of P2. In other words, consider why P2 sees that as the truth. You may have to objectively imagine why P2 sees it that way. By possessing an understanding that there are both perspectives, P1 and P2, a student can shift their mind to position C - that there is simply a half of a glass of water. That truth can be seen from both positions. So from position C, you recognize only truths. The Earth School Force and Boundary influences that usually clothe perspectives are absent. The ego and resulting emotions have been neutralized.

The naked physical truths are: “you are”, “we are”, and “it is”. The bare mental truth is “I am”. The core spiritual truth is “the All is”. The reason I say that those are the only bare truths is because anything added to them can only be an individual’s perspective. From position C, making the correct responses to Earth School tests is much easier. With practice, shifting perspective to the Center will become second nature. Eventually, you will not have to contemplate P2’s truth, or even need to understand why someone has that view. Instead, you will just accept P2 as a different location of truth. Your constant and prevailing position in life will be C. In the example above, the fact that P2 saw a half empty glass was based on their past and present influences. Position C can be identified as understanding, compassion, and forgiveness. So, $C = P1 + P2 \div 2$. Use the math to find the Teacher.

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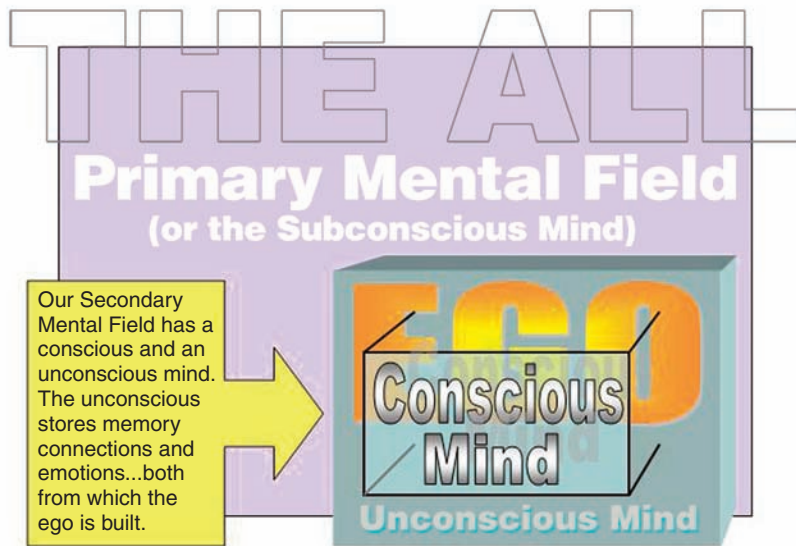
Dynamics: The Teacher

As described earlier in this text, the Teacher is the subconscious mind, or the Primary Mind Field. The Teacher is the mind field of the ALL. My reference to the “Teacher” is a personification that I use in an attempt to convey the unlimited spiritual teaching resource available to every soul. Considering that the Teacher is the mental field of the All that means that everything and everyone is part of the Teacher. We are all part of that same mental field. It follows, then, that guidance and messages from the Teacher may come from any source. Everyone both teaches and learns spiritual lessons, whether they are aware of it or not.

To better understand why we must make an effort to find the Teacher, let’s examine the mental layers that camouflage the All. Our Secondary Mental Fields, or individual minds, are made up of a conscious and an unconscious. I must note here that the levels of consciousness are labeled differently in various psychology texts, so I will define my descriptions. Everyone agrees on the definition of the conscious mind - enough said. For this writing, the unconscious is the shallow mental field of a soul that lies between the conscious and the subconscious. The subconscious is the Primary Mental Field. Both the conscious and unconscious minds are unique to an individual. The unconscious is where a Secondary Mental Field stores memories and emotions. The easiest time for the Teacher to



pass a message through the unconscious mind is when the conscious mind is deactivated, or asleep. Have you ever noticed a difference in the quality of your dreams? Some seem to be rehashing the day's events, emotions, or dealing with common fears, and some seem very "real", having some kind of meaning. The difference is the source of the communication: your unconscious or your subconscious. Those dreams that seem real are communications from the subconscious, or the Teacher.



You can develop consciousness of the Teacher by first being open to identifying communications. Becoming conscious of the Teacher requires strong Mental Gravity, which, as the Math chapter showed, is attained by a high degree of spiritual desire and focus. There are books and movies about people who have achieved lofty physical or mental goals simply because they possessed a burning desire to do so. It is no different with spiritual goals. If it is your first priority, then your mind is constantly engaged and working through thoughts and ideas to get you there. That is Mental Gravity. If you have the desire, focus is also critical because the Teacher has a very subtle way of communicating. Focus is essential in order to catch the subtlety. However, once you are tuned in, the Teacher becomes loud and clear.



At this point, it is important to establish the difference between prayer and being conscious of the Teacher. Prayer is speaking to the All. Being conscious of the Teacher is receiving communications from, or hearing, the All. Many people have already tuned into the Teacher with a variety of methods, including signs, dreams, visions, astrology, numerology, Tarot Cards, and the I Ching, just to name a few. The method of contact chosen by each student is only restricted to the requirement that there be no intermediary. In other words, it must be exclusively a Teacher to student communiqué. That rules out employing psychics, pastors, gurus, and the like as your source of communication with the All. Yes, you should definitely engage others about spiritual topics, but don't look at anyone as your earpiece. A good reason not to be a follower of an intermediary is that, even if they are in the Flow, they will filter spiritual communications with their own perceptions. It would be like the well-known game in which one person whispers a word into another's ear and then what that person heard is passed to the next, on and on, until it is so perceptually distorted that it's funny. (No wonder people occasionally question religious interpretations.) By adopting someone else's perceptions, you are ignoring your inner Teacher.

There are some prerequisite lessons that must be learned and validated prior to communication with the Teacher. These involve fully integrating the forces of integrity and honesty. If those two forces don't exist in the Personal Force of the soul, the student will not be able to hear the Teacher. Why not? Truth recognizes truth. A dishonest person isn't trustworthy and in turn doesn't trust. For that reason, he or she wouldn't know the truth if they heard it. They wouldn't be able to hear what the Teacher was saying; they are spiritually deaf. That person also wouldn't have read this far, unless of course his intent was to discredit the writing.

When a baby is born into Earth School, he or she is still united with the forces of integrity and honesty. The ego, which as we now know is the separation between the Primary and Secondary Mind Fields, has only begun to develop and is still weak. That is why many children display intuition or psychic abilities. They clearly see and hear truths. As most parents know, they also tell the unfiltered truth, until they reach a certain age. They are in communication with the Teacher.



Until about the age of two, my daughter, Autumn, displayed an intact connection with the Teacher. She constantly foretold the immediate future, to the extent that we developed total faith in her every statement. Once, at the doctor's office, she said "baby crying", and we knew that in about two minutes we would experience what she already knew. Sure enough, a mother with a crying baby entered the room. Another memorable event happened while we attended a fair with my sister, Claudia. Claudia had taken my four-year-old son, Beau, to the pony ride. I carried Autumn on my shoulders into the nearby petting zoo. With her arms around my neck and her feet dangling on my chest, Autumn said, "He eat my shoe". OK, I can't wait for this one, I thought as we walked around in the petting zoo. We eventually stopped close to the llama pen to peer across a fence and watch Beau riding a pony. Distracted, I never noticed that a llama had approached, stuck his head over the fence, and began chewing one of Autumn's shoes! "He eat my shoe", she giggled.

Autumn didn't analyze or even care how she knew these things; she just knew. She didn't care what was going to happen in the future. To her it was all in the present. Does an intuitive demonstration like this suggest that everything is actually happening in the present? Does it show that a soul can harmonize with Primary Forces outside of the Earth School classroom to gain valuable insights? Sure does. Once communication with the Teacher has been established, it is commonplace to know the past, present and future as only the present. Spiritual guidance is truth. Truth is truth, and is accessible inside or outside of the classroom.

It was a clear, beautiful day in the summer that preceded my senior year in high school. The breeze blew in the open windows of the small two-seat sports car, in which I was a passenger. Our vehicle slowed as we approached a line of cars stopped at a light on the single lane road. Suddenly, I heard a crashing thud and saw a huge heron land on the hood of our car. Stunned, my friend Tom and I looked at each other in disbelief. Then, almost simultaneously, we heard a soft angelic voice from the open window to my right. "Can I have him?" Still in a state of shock, I turned to see a young girl, seven or eight years old, maybe four feet tall, standing there peering at us. "Sure", I unthinkingly uttered. With our mouths gaping at this increasingly bizarre event, we watched as she lovingly



scooped the dazed bird into her arms. She walked off down the sidewalk holding the bird like a baby, the heron's long legs draped over one of her arms, while its head, on a snake-like neck, extended high above her own. The heron glanced around as if on an amusement ride. That was a prime example of the Teacher trying especially hard to get my attention with a very important message. Do you have any idea what the message was? I didn't, and I still don't! Although it certainly wasn't subtle, I never gave it a thought, because I wasn't tuned in to the Teacher at that point in my life. It whooshed right over my head. Thankfully, the Teacher is patient.

Understanding messages from the Teacher is a matter of first identifying an event, sound, dream, or feeling as a message, and then connecting the dots to the meaning. When you hit upon the correct meaning, a feeling of truth will prevail. Sometimes an interpretation may flash into your mind

Be assured that, like with anything else, practice makes perfect. The more you work on facilitating the communication, the easier and quicker it will become.

right away and other times deriving a meaning will take more thought. There may even be a lapse of time before you finally "get it". Be assured that, like with anything else, practice makes perfect. The more you work on facilitating the communication, the easier and quicker it will become. The final step is to trust the messages the Teacher sends. Trusting the messages you perceive

will take time. Many intuitions will glance off your awareness, ignored, only to become regrets when they are proven to be valuable guidance. The Teacher knows that many communications will be disregarded, so in turn makes sure that your consciousness registers even the ignored messages. It is the increasingly stern reminders from the Teacher of those points that will eventually lead to your unquestioning obedience. The Teacher is strict, but the guidance is simple and true.



A Few Qs & As

Q: Does God exist?

A: If the question refers to God as a supreme being, a separate personified intelligence, the answer is no. In this writing, I have used the description of everything in totality as the “All”. If you use any other name, including God, that is your choice. All Spiritual Forces, in totality, are what I’m labeling as the All. The perfectly harmonious Spiritual Forces of the All are then divided by self awareness, and that awareness is called the Primary Mental Field. An infinite number of combinations of those divided Spiritual Forces create diversity when manifested into the physical realm. Each manifestation possesses an individual self awareness called a Secondary Mental Field. We experience the physical world with our limited Secondary Mental Field capacity, which makes it difficult for us to comprehend the All. It is only through harmonizing with all Spiritual Forces, Primary and Secondary, that we can regain an awareness of the All.

Q: Is there heaven and hell?

A: If the question is referring to a specific time and location, such as after death, for eternity, the answer is no. If the question is, “Can heaven or hell be experienced as a result of our choices?”, the answer is yes. Because of the Primary Spiritual Force called polarization, everything we can experience has a polar opposite. By our choices we create a Personal



Force that is either attracted to positive or negative experiences (see Dynamics: Earth School Math). The polar opposite of a positive heavenly experience would be a negative hellish one. So, the polar opposite of a positive heavenly series of classes, or a lifetime, would be...you have it now: a negative hellish one. More often than not, when a person is harmonizing with an increasing number of Destructive Spiritual Forces (negative), their life experiences will become more painful and difficult. Continuing on that course, one could reach the equivalent of being in hell, here on earth. The Earth School Principle, Karma, may even require that a soul earn their way out of some difficult and unpleasant additional classes. The Principle and the Teacher have varying degrees of pressure which can be applied to redirect an individual. You may have heard the term “hitting bottom”. Applied here, it would mean the point at which a person turns back from approaching the negative pole to redirect toward the positive pole.

Q: Is there life after death?

A: Yes, you are actually experiencing life after death now. You have lived before. Every soul attends many classes, and like a traditional school, classes often require that you move between different classrooms. We experience those changing classrooms as separate lifetimes. Each lifetime provides for at least one (and oftentimes more than one) new geographical, social, and economic setting. The new classroom experience is divinely arranged to facilitate the specific lessons that each individual must learn. Your Primary Spiritual Force cycles through progressively difficult classes in order to become more and more harmonious with a greater number of Primary Spiritual Forces. The bell that sounds to release each soul at the end of a series of classes is what we typically think of as death.



Q: Why do Destructive Secondary Forces exist?

A: The existence of anything in a three-dimensional world requires contrast, or that there are opposing sides, or opposites. The Primary Spiritual Force of polarization applies to everything. Destructive Secondary Forces are the opposite of Constructive ones and present a choice for students in their Earth School tests. They are simply a tool of Earth School.

Q: Why do we age?

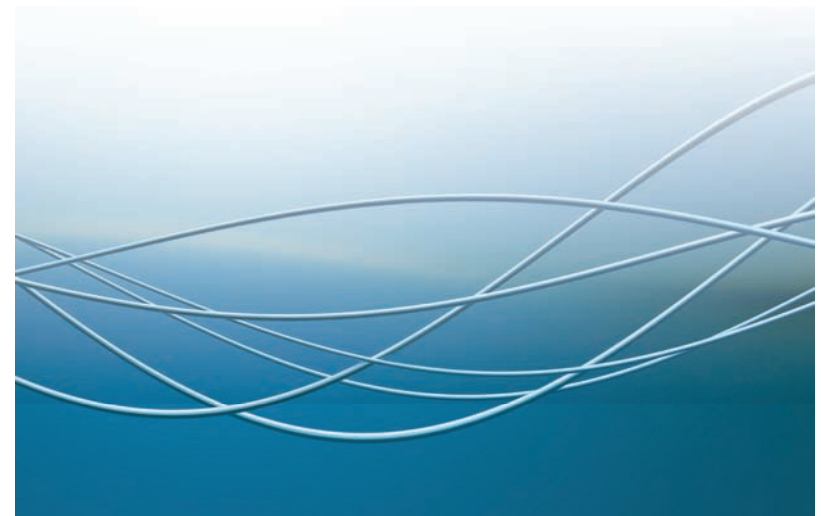
A: Aging is a testament to the solidity of thought. A Primary Spiritual Force is projected from the Primary Mental Field into the physical world. The intensity of that force, and the group of connected harmonizing forces, determines the type of manifestation and its duration in the physical. Manifestations have a Secondary Mental Field. Those Secondary Mental Fields become aware of, to varying degrees, their existence in the physical. Immediately upon coming into physical, that awareness begins attaching its attention to needs, desires, and sensory perceptions. Those attachments are called thoughts. Thoughts are like energy strings connecting every manifested entity to other entities. Thoughts create mass. In the case of human beings, our thoughts attach to people, places, things, and sensory perceptions to which we are, or have been, attracted. What keeps those thoughts, or connections, alive is memory.

Conscious memory is short term, but unconscious memory is long term. Memories fade from the conscious mind, but are stored and kept active by the unconscious. Those millions of stored energetic memory strings create increasingly more drag on the Primary Spiritual Force of momentum. Momentum is one of the Forces harmonized with all of a soul's Primary Spiritual Forces. When momentum slows, so does the rest of the Primary Spiritual Force bundle, yet still more memory strings continue to attach. The Primary Spiritual Force of every soul becomes slowly depleted by the continued activity of its Secondary Mental Field, and various specific harmonized forces eventually start to fail. We observe



that failure as a slowing down of our physical body, or aging. Ultimately, the exhausted bundle of harmonized forces, or the soul, must return to the Primary Mental Field. That is the result of aging, and we call it death.

A good example of those memory strings pulling on a soul's Primary Spiritual Force is seen with music. New music, rhythms, and combinations of sounds are always being created from the harmonies of many different instruments. Youths find new expressions of music with which they can identify. Those sounds are then connected with the exciting new experiences in their lives. As a person grows older, their attachment to a particular era or "sound" becomes apparent. Having depleted Primary Spiritual Forces, or having aged as we know it, increasingly fewer new memory strings can be produced, so the old ones begin getting the attention. A soul is simply extending the momentum of their Primary Spiritual Forces by not connecting with new sounds. Instead, they use their existing older music and memory connections.





Closing Words

In conclusion, let me summarize the most important steps to graduation from Earth School. First, build your Personal Force by harmonizing with Primary Spiritual and Constructive Secondary Forces. Help others to do the same. Second, establish communication with, and confidence in, the Teacher. Help others to do the same. Third, understand how Spiritual Forces and Boundaries influence the perception of others who may have a different view point from your own. Shift your perspective to remain centered, which means finding your forgiveness, gratefulness, compassion, and unconditional love. Help others to do the same.

I must bring to light a very important point. In the last paragraph, you read about the three steps to graduation, and each was followed by the same statement: "Help others to do the same". There are those who find it difficult to harmonize with Primary and Constructive Secondary Forces, establish communication with, and confidence in, the Teacher, or find their forgiveness, gratefulness, compassion, and unconditional love, because they are starving, dying of thirst, without shelter, living in fear, struggling with addictions, dealing with mental challenges, or are in poor health. They are experiencing very difficult Earth School Dynamics. The lack of basic human comforts or needs skews perspectives in a way that cannot be easily understood, but which affect us all. There are both large and small ways in which we can help. Graduation from Earth School is not possible without helping others.



Every single soul does not need to read this to become conscious of Earth School. After all, each of us started class with a subconscious knowledge of it anyway! The fact that Earth School is not yet a general conscious awareness can be easily observed. Certainly, a common awareness of Earth School itself would make the overall school experience more harmonious. For the good of all, let's hope that there is mass recognition of Earth School, sooner rather than later.

I am quite certain that the Teacher knows I passed you this rather lengthy note; however, in this particular instance, I don't think either of us will be reprimanded. If you feel so inclined...pass it on! For the good of all.

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